

The Connection

4C For Children
from Our Services to Yours

Fall 2019 / Winter 2020



A message from 4C For Children Executive Director

ON APRIL 1, 2020 4C FOR CHILDREN WILL CELEBRATE 50 YEARS OF SERVICE.

Anniversaries are a time to celebrate where we come from, but they're also a time to celebrate how we have changed and look forward to the future.

In 1967, the secretary of the Department of Health, Education, and Welfare and the Director of the Office of Economic Opportunity were directed by congress to coordinate programs that provided day care. The vision was to establish and coordinate a common set of program standards at the state and local levels, a community coordinated approach to child care. In response, the federal panel on Early Childhood was created and a federal 4C (Community Coordinated Child Care) committee was formed at each regional office. Together they encouraged states and local communities to develop 4C organizations.

In Milwaukee and Madison, volunteer committees examined the 4C concept in 1968 and decided to move forward with the planning and development of 4C organizations in both communities.

4C of Milwaukee County was incorporated in 1970 with initial funding from the Milwaukee Model Cities program. Through continual funding from United Way, 4C revisited the process of gathering statistics and to work with like-minded state and local groups to influence local, state, and national policies and legislative actions affecting the lives of young children and their families.

Over the years our name has changed and we are now known as 4C For Children however most of the early childhood community simply refer to us as "4C".

In the past 49 years, 4C has participated in important community planning efforts joining local, state, and national groups and organizations to provide information to legislators and lawmakers to guide decision making affecting young children and their families.

We look forward to continuing our support and partnerships with Early Childhood Programs, Professionals, Families and Community Partners. We want to take this opportunity to thank you as we celebrate our 50 years of accomplishments together.



Terri Alexander,
4C For Children Executive Director

Whats Inside?

Resource and Referral News

CACFP News Today

Training News

YoungStar News

Pathways Updates

Behavior Help Wisconsin

4C For Children provides services to the families and child care providers in Kenosha, Milwaukee, Ozaukee, Racine, Washington, and Waukesha Counties.

MAIN OFFICE

1736 N 2nd Street
Milwaukee, WI 53212
Phone: 414-562-2650
Fax: 414-562-2651
www.4cfc.org

RACINE OFFICE

6233 Bankers Rd, Ste 14
Racine, WI 53403
Phone: 262-633-0959

4C FAMILY CENTER OF WASHINGTON COUNTY

2376 W Washington Street
West Bend, WI 53095
Phone: 262-338-9461

**WATCH FOR MORE
CELEBRATING 50 YEARS IN SERVICE
IN OUR NEXT NEWSLETTER!**



CACFP NEWS TODAY

The CACFP World's important things to remember:

- ✓ Enter meals and attendance on a daily basis.
- ✓ Avoid attempted visits by informing your Field Representative if your child care is;
 - a) Closed
 - b) No children in care
 - c) Going on a Field trips or have appointments
 - d) Vacation
- ✓ Complete your Annual Training
- ✓ Submit your claim by the 5th of each claiming month
- ✓ Review your error reports
- ✓ Meet the CACFP Meal Pattern
- ✓ Submit new enrolled children – Enrollment Forms

Updated USDA Policy on Accommodating Participants with Special Dietary Needs

USDA has changed requirements for accommodating participants with disabilities and non-disability special dietary requests. In addition, a new form must be completed when accommodating these requests. This article will provide key information on this topic. USDA requires programs make reasonable modifications to accommodate participants with disabilities.

- The definition of a disability has been broadened to include any physical or mental impairment that substantially limits one or more "major life activities."
- The impairment does not need to be life threatening; for example, digestion is a bodily function that is a major life activity. A participant whose digestion is impaired by lactose intolerance may be a person with a disability, regardless of whether or not consuming milk causes severe distress.
- A disability must be supported by a valid written medical statement from Wisconsin Licensed Healthcare Professional: Physician, Physician Assistant, or Nurse Practitioner (APNP).
- Programs must offer a reasonable modification that effectively accommodates the participant's disability and provides equal opportunity to participate in CACFP. Families cannot be required to provide the modification.
- Modifications or accommodations for a disability do not have to meet meal pattern requirements to be a reimbursable meal. For example, if a medical statement states rice milk should be served to a child with lactose intolerance, the meal is creditable even though rice milk is not creditable to the meal pattern. Programs may, but are not required to, accommodate non-disability requests such as serving alternate foods due to eating organic, vegetarian, for religious preferences, or any reason not supported by a valid medical statement from a WI Licensed Healthcare Professional.
- An example is a request to serve non-dairy milk in place of cow's milk because of a vegetarian lifestyle.
- Accommodations for non-disability requests must meet meal pattern requirements to be a reimbursable meal.
- Any meals served that do not meet meal pattern requirements cannot be claimed for reimbursement (i.e. when required components are not served or non-creditable food(s) are served). Parent-Provided Component: A parent/guardian may choose to provide one creditable meal component for a non-disability request.
- The program must ensure that the food meets meal pattern requirements.
- When a non-creditable component, or more than one component, is provided by the family, the meal is not reimbursable. The CACFP Special Dietary Needs Tracking Form must be completed for each participant accommodated for a disability or non-disability request. This form is to be completed by CACFP staff and kept on file along with required support documentation as explained on the form. If you have any questions about these updates, please contact your assigned consultant.

FEEL THE MAGIC OF THE CACFP WORD SEARCH

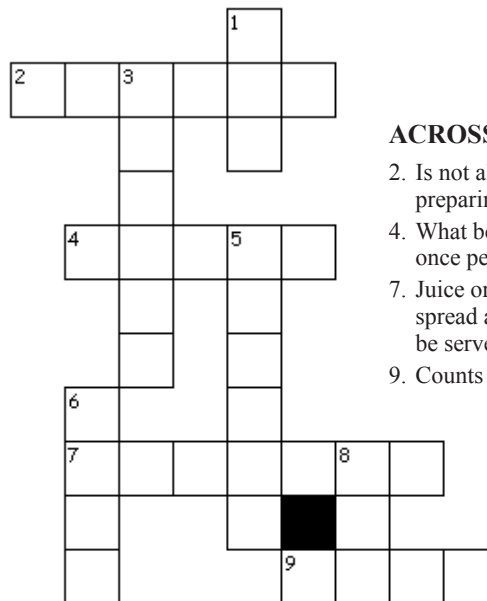
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breastmilk
 cacfp
 children
 food-safety
 fruits
 grains

handwashing
 healthy-meals
 infants
 meal-pattern
 meat
 milk

reimbursement
 snacks
 vegetables
 water

NEW MEAL PATTERN MOMENTS



ACROSS

2. Is not allowed as a way of preparing foods on site.
4. What beverage is limited to serve once per day?
7. Juice or cheese food or cheese spread are no longer allowed to be served to _____.
9. Counts as a meat alternate.

DOWN

1. Unflavored whole milk must be served to ___ years old.
3. Must contain no more than 23 grams of sugar per 6 ounces.
5. Must contain no more than 6 grams of sugar per dry ounce.
6. Non-dairy milk substitute that are nutritionally equivalent to milk may be served in place of ____.
8. Unflavored low-fat or fat-free milk must be served to ___ years and older.

RECIPE



ORANGE DELIGHT JUICE

Makes: 4 servings

Ingredients:

- 1 cup orange juice
- 1/2 banana
- 1 cup apple juice
- 1 teaspoon honey
- 1 teaspoon cinnamon
- 1 cup ice (crushed)

Fruity and flavorful, this delightful juice is full of fruit, honey, and cinnamon. Enjoy!

Directions:

Blend at high speed in blender until frothy.



Nutrients	Amt.		Amt.
Calories	75	Total Sugars	14 g
Total Fat	0 g	Added Sugars included	1 g
Saturated Fat	0 g	Protein	1 g
Cholesterol	0 g	Vitamin D	0 mg
Sodium	6 mg	Calcium	15 mg
Total Carbohydrate	18 g	Iron	0 g
Dietary Fiber	1 g	Potassium	241 mg

RESOURCE & REFERRAL



It's that time of year again for the annual Child Care Business Information Form (BIF) update.

Annual Provider Updates!

All BIF updates are due by Dec. 1, 2019.

Why is it important to update:

Your updated profile will help parents locate your child care program when they contact 4C to look for quality child care. The information you provide will be used for statistical reporting that influences planning, policy development and funding's. (Statistical information that is shared does not include provider names).

Contact the 4C office to:

- Update your program profile over the phone.
- Request for BIF to be mailed to you.
- Request for a link to be sent to you. You can update your program profile right on-line.

If you have questions, please call 4C For Children at 414-562-2676.

TRAINING NEWS

The 4C For Children Education & Training Department offers a variety of classes to help and support you at each stage of your child care career. Whether you are just entering the child care profession, or are looking for classes to enhance your career options, our classes will help you to extend your knowledge and deepen your understanding of the early childhood field.

All classes offered through the Education & Training Department at 4C are state approved and meet the State of Wisconsin requirements for regulated child care.

Our training schedule can be found on our website at <http://www.4cfc.org/courses-2/>

Simply click on the Registry Event # to be taken directly to The Registry to enroll. Log in or click "Join Now" to create a Registry account, scroll down and read through all of the course information, and add to cart. Click "View Cart" and then Check out. Payment can be made online using a credit card or stop by our office to pay with a cashier's check, money order, or credit card in person. Please call if you need assistance...we are here to help!

SPECIAL PRICING ALERT!

Don't miss the special pricing of **STRENGTHENING FAMILIES IN EARLY CARE & EDUCATION WITH MANDATED REPORTER TRAINING.**

Strengthening Families is an approach early learning programs can use to strengthen protective factors for families in order to reduce the risks associated with child abuse. This workshop introduces the strategies early learning programs can use to cultivate protective factors with the families they serve. Center directors - One YoungStar point can be earned if 50% of your staff in classroom roles have taken this course. (More information in YoungStar companion guide)

Location: Pleasant Prairie Renaissance School (10450 72nd Ave. Pleasant Prairie)

Date: Wednesday, December 18, 2019
\$35.00 now discounted to \$25.00

Time: 6:00 pm – 9:00 pm
Registry Event #: 810571

Planning for the New Year? We already have a few courses scheduled for January.

DEVELOPMENTALLY APPROPRIATE PRACTICE FOUNDATIONS: WHY WE DO WHAT WE DO - BEST PRACTICE IN EARLY CARE AND EDUCATION IS BASED ON HOW CHILDREN DEVELOP AND LEARN IN THE EARLY YEARS.

In this class you will learn what you do with that knowledge and how you implement it. This class will help you prepare for the new YoungStar indicator B.1.3 DAE.

Location: 4C For Children Milwaukee (1736 N. 2nd Street)

Date: THURSDAY, JANUARY 16, 2020
\$40.00 now discounted to \$35.00

Time: 6:00 pm – 9:00 pm
Registry Event #: 804779



Wisconsin's Child Care Quality Rating & Improvement System

YoungStar is Going Lean! Simplified Ratings Coming in 2021



(from DCF Fall provider news)

YoungStar is Wisconsin's child care quality rating and improvement system.

YoungStar ratings are provided to all early learning settings: family child care, group child care, school age programming (before/after school), and school age day camps. All programs can participate in YoungStar however, those programs receiving Wisconsin Shares subsidy must participate in YoungStar.

YoungStar is Going Lean! Simplified Ratings Coming in 2021

(from DCF Fall provider news) Since 2011, YoungStar-rated providers have gone through a 40-point evaluation process during each completed rating. A variety of choices are included in the 40-point scale so that programs can work on many areas of quality, and the total number of points earned is part of each program's overall rating. However, after research was completed by UW-Madison, it became clear that the points that are required for each star level – versus the total number of points earned – are the most influential in determining a program's star rating.



With all this in mind, YoungStar is going lean with a new, simplified block structure. With implementation in 2021, this rating structure:

- Removes points and just awards star levels
- Includes the current requirements for a 3 Star rating as the only areas evaluated for a 3 Star rating
- Includes the current requirements for a 4 and 5 Star rating, plus a few YoungStar quality practices that are currently optional, as the only areas evaluated for a 4 or 5 Star rating
- Allows programs to focus on the areas most linked to child outcomes.

More information will be coming as we work towards this updated and simplified rating process!

What is YoungStar Practice-Based Coaching?

Practice-Based Coaching (PBC) is a research-based coaching model that supports the improvement of specific teaching practices to build the quality of teaching and learning.

PBC is a process that includes:

- Planning goals and action steps
- Engaging in focused observation
- Reflecting on and sharing feedback about teaching practices

The Coaching Team includes:

- Coach (YoungStar consultant)
- Program Leader (e.g., Director, Family Child Care owner, mentor staff)
- Coachee (Provider/person receiving coaching)

During the PBC process, the coachee leads the way, choosing the teaching practice(s) they want to improve. For example, a provider may identify literacy as an area they are interested in improving upon. A YoungStar consultant will provide a literacy specific needs assessment, which will help the provider and consultant determine a specific teaching practice to work on, such as reading to children more often. Using the PBC model, a YoungStar consultant will work with the coachee to write a specific goal and action steps to help them achieve it. In addition, a consultant will provide resources and support, observe the teaching practice in action, and offer feedback. Interested? Talk to your technical consultant.

We're giving Wisconsin's working parents peace of mind.

ANNOUNCING A NEW PILOT PROGRAM SUPPORT TO HELP REDUCE CHILD EXPULSION RATES IN CHILD CARE SETTINGS.

The pilot is beginning in the 53204, 53206, 53210, 53215, and 53218 zip code areas. If your child care program is in one of these zip codes, you can access Behavior Help Wisconsin supports.



Behavior Help Wisconsin is a program that improves outcomes for all children. It builds adult's capacity to strengthen and support children's social and emotional health and development. Consultants equip adults with the tools and insights to support healthy social and emotional development in infants and young children. This approach promotes building strong relationships and creating supportive environments. Consultants partner with parents and other adults to build capacity and skills to understand and support children. This ensures that all children feel safe, supported, and valued. This process will reduce adults' stress, reduce child challenging behaviors, and promote continuity of care for the child by preventing expulsion from their early learning setting.

Programs can access Behavior Help Wisconsin services by calling 4C For Children at 414-562-2676. A resource and referral specialist will gather information to more adequately assign a Quality Coach. The Quality Coach will work with the directors and teachers to provide supports to help the child remain in your program. For more information, contact please contact 4C at 414-562-2676.



PATHWAYS

to Quality

UPDATE • UPDATE • UPDATE

CONFERENCE AND RESOURCE FAIR

The Pathways to Quality event began in 2011 in response to recognized provider needs for more information related to the YoungStar Quality Rating System. The Pathways to Quality event is committed to providing current information regarding indicators of quality early learning practices as related to a YoungStar rating, while seeking to enhance the overall commitment to professionalism in the Greater Milwaukee early learning community.

The 2019 conference was held on October 5th at the Hilton Milwaukee City Center. Over 400 providers participated in the conference. A highlight of the conference was listening

to Secretary Emilie Amundson, from the Department of Children and Families. Secretary Amundson spoke about making quality care affordable for all families.



SAVE THE DATE!

Pathways 2020 will be held on Saturday October 17, 2020 at the Potawatomi Hotel & Casino. Visit us at <http://www.4cfc.org/about/news/pathways-conference/> for updated information.

